CONTACT ADDRESSES TIBETAN MEDICINE

United Kingdom

Tara Rokpa College of Tibetan Medicine Edinburgh

The Tara College in Edinburgh is a branch of the international, charitable organisation "Rokpa" which initiates many institutes and projects world wide. They also organise courses for medical staff and doctors.

Tara Rokpa Edinburgh Tara College of Tibetan Medicine 250 Ferry Road UK-Edinburgh EH5 3AN Phone +44-131-552 14 31 www.tararokpa.org

USA

The Alternative Medicine Foundation

The Alternative Medicine Foundation is a nonprofit organization, founded 1998 to provide responsible and reliable information about alternative medicine to the public and health professionals. Many links on Tibetan medicine. Alternative Medicine Foundation, Inc.

PO Box 60016 Potomac, MD 20859 Phone 301-340-1960 Fax: 301-340-1936 Email: <u>info@amfoundation.org</u> www.amfoundation.org/tibetanmedicine.htm

ROKPA USA

Providing education and medical training in Tibetan medicine in Tibet. ROKPA works to revive the ancient science of Tibetan medicine in Tibet. The organization raises funding for medical colleges to give the young men and women of current-day Tibet a profession that will make them self-supporting, while providing health care in isolated and poor communities.

ROKPA USA

Edith G. Irwin c/o Virginia Dempsey 6501 Gretna Green Way Alexandria, VA 22312 Phone: (703) 642-2248 Fax: (703) 642-1591 Email: rokpa.usa@ibm.net

www.rokpa.org/tbmeded.htm

Shang Shung Institute in America

The medical branch of the Shang Shung Institute is dedicated to the study, practice, and preservation of traditional Tibetan medicine.

Shang Shung Institute in America P.O. Box 277 18 Schoolhouse Rd. Conway, MA 01341 Phone: (413) 369-4928 Fax: (413) 369-4165 Email: <u>ssiusa@compuserve.com</u> www.shangshung-usa.org/

The Netherlands

NSTG Dutch Foundation for Tibetan Medicine

The foundation co-operates closely with Men-Tsee-Khang and the Chagpori Tibetan Medical Institute in India. In the foundation's clinic you can make an appointment with a qualified Tibetan doctor.

NSTG Dutch Foundation for Tibetan Medicine Prinsengracht 200 NL-1016 HD Amsterdam Phone +31-20-42004043 www.tibetanmedicine.nl

Switzerland

Padma, Inc.

Padma Inc. in Switzerland is the only firm in the western world who manufactures Tibetan herbal remedies according to international standards. Padma produces natural remedies and supplements derived from traditional Tibetan formulas at Padma's own plant in Wetzikon, Switzerland. Production is performed in conformity with modern manufacturing practices that include clinical research, laboratory testing and state-of-the-art quality control tests. Padma Inc. constantly furthers its research to substantiate the efficacy of Tibetan health practices. Research is being performed in well known hospitals and universities in various countries. Through research, protection of botanical resources, support of Tibetan medical scholarship and introduction of Tibetan herbals to new markets, Padma promotes the survival of this important Tibetan tradition.

Padma, Inc. Wiesenstrasse 5 CH-8603 Schwerzenbach Phone +41-1-887 00 00 Fax. +41-1-887 00 99 E-mail: mail@padma.ch www.padma.ch

Association Tibetan Medicine

The association has been founded 1995 with the aim to impart and promote the knowledge of Tibetan Medicine. They offer courses in Tibetan therapies as massage and moxa as well as courses in Tibetan accompaniment of dying and much more.

Interessens Gemeinschaft Tibetische Medizin Am Luchsgraben 53 CH-8051 Zurich Phone/Fax. +41-1-321 52 31 E-mail: info@ig-tibetische-medizin.ch www.ig-tibetische-medizin.ch

Project Tibetan Medical and Astro Institute Mt. Kailash in Western Tibet In the Western of Tibet, on high altitude, a Tibetan Medical School has been founded in 1994 with the support of the government of the Autonomous Region Tibet and private donations of Switzerland. It is managed by the experienced Tibetan doctor Dr. Gelong Tenzin Wangdrag. The complex includes the medical school, a hospital, a library and a Tibetan medical factory. It is lead-managed by he Association of the Western Tibetans in Switzerland, the Tibetan Association Ngari Korsum.

Contact address: Dhakpa Namgyal Ott Martin Distelistrasse 99 CH-4600 Olten

Austria

Information Centre for Tibetan Medicine The centre offers a wide information collection on Tibetan medicine, especially on shipment and trade of Tibetan remedies, documentation for teaching and learning, videos, training centres, medical projects, ordination of Tibetan doctors and general information on research about natural materials.

Information Centre for Tibetan Medicine Franz-Stockmayerstrasse 30a A-6410 Telfs Phone +43-5262-61111 E-mail: info@tibetischemedizin.org www.tibetischemedizin.org

Germany

Institute of East-West-Medicine

The Institute of East-West-Medicine organises courses in Tibetan medicine for western doctors, in co-operation with Prof Pasang Yonten Arya from the New Yuthok Institute, Milan, together with the DÄGfA, the German Association for Medical Acupuncture.

Institute of East-West-Medicine Louisenstrasse 15-17/Löwengasse 1 D-61348 Bad Homburg v.d.H. Phone +49-6172 21038 Fax. +49-6172 690441 E-mail: <u>maric-oehler.daegfa@t-online.de</u> www.ostwestmedizin.de

German Association for Medical Acupuncture DÄGfA Würmtalstr. 54 D-81375 München Phone +49-89-7 10 05-11 Fax. +49-89-7 10 05 25 E-mail: fz@daegfa.de www.daegfa.de

Italy

The New Yuthok Institute for Tibetan Medicine

The New Yuthok Institute for Tibetan Medicine under the direction of Prof. Pasang Yonten Arya organises courses and workshops on Tibetan medicine and naturopathy, culture, yoga, meditations, buddhistic psychology, Tibetan astrology and dietetics.

The New Yuthok Institute for Tibetan Medicine Viale Spagna, 77 IT-20099 Sesto San Giovanni, Milano Phone/Fax +39-02-2536266 E-mail: <u>newyuthok@newyuthok.com</u>

Istituto Shang-Shung

One of the departments of this institute is on Tibetan medicine. They organise courses and workshops on Tibetan medicine since many years, carried out by the Tibetan doctor Nida Chenagsang.

Istituto Shang-Shung Casella Postale IT-58031 Arcidosso (GR) Phone +39-0564-966 941 Fax. +39-0564-966 046 E-mail: <u>merigaroffice@tiscalinet.it</u> <u>www.istitutoshangshung.org</u>

India

Men-Tsee-Khang Dharmasala Largest and most important medicine centre in exile. Training for Tibetan doctors and pharmacologists. Pharmacological-pharmaceutical department, hospital, pharmacy, astrological institute, publishing company.

Men-Tsee-Khang Gangchen Dyishong Dharamsala 176215, H.P. / India <u>www.men-tsee-khang.org</u>

Chagpori Tibetan Medical Institute To the Chagpori Institute belongs a school for Tibetan medicine, a pharmaceutical department and a medical clinic.

Chagpori Tibetan Medical Institute Trogawa House, North Point Darjeeling 734 104 / West Bengal / India

Russia

Traditional Mongolian Centre for Liver Diseases Doctors and therapists treat the patients with classic Tibetan medicine and traditional Mongolian medicine.

Traditional Mongolian Centre for Liver Diseases
P.O. Box 892 Ulaan Baatar-21 / Mongolia
Contact address for further traditional centres in Ulan Bator:
Badamjab Boldsaikhan
President of the Association for Traditional Medical Sciences in Mongolia
P.O. Box 196 Ulaan Baatar-38 / Mongolia E-mail: bbld@mtu.edu.mn

The Manba Datsan – Clinic and Training Centre for Traditional Mongolian Medicine The Manba Datsan – Clinic and Training Centre for Traditional Mongolian Medicine

P.O. Box 235 Ulaan Baatar-49 / Mongolia E-mail: lama@magicnet.mn

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Center of Oriental Medicine

To the centre belongs a polyclinic with phytopharmacy and a hospital. The doctors treat with classical Tibetan Medicine and other traditional eastern medical systems.

Center of Oriental Medicine Dr. Alexei Iosifovich Bartanov 10 Linkhovoina Str, Ulan-Ude, Buryatia 670000 Russia e-mail: medicina@burnet.ru www.buryatia.ru/buryatia/gov/english/bur/zdrav/centr_om.html

More information and addresses on Tibetan medicine you find in the book: Reichle F (ed.) The Knowledge of Healing. Better Health Publishing, Santa Rosa CA, USA, expected 2003