ancho 3)

## francisco varela

a film-trilogy by franz reichle

## (1) monte grande — what is life?

autopoiesis consciousness meditation «francisco varela was a master of synthesis. admired, controversial, and endowed with the intoxicating passion of an exceptionally gifted researcher. he was highly instrumental in shaping modern systems theory as well as cognitive science. in franz reichle's film (...) one gets to know francisco varela in a way that I would not have believed possible.» bernhard pörksen

## (2) mind & life — early dialogues with the dalai lama

ethics identity experience the systematic exploration of consciousness has a longstanding tradition stretching over hundreds of years in tibetan philosophy. Since 1987 dialogues between francisco varela, other western scientists and the dalai lama have been conducted regularly. With topics like healing and destructive emotions, the state of consciousness during sleeping, dreaming and dying etc. these dialogues open up new paths of knowledge building bridges between western scientific and tibetan buddhist thinking, which are highly relevant and meaningful for today and for the future.

## (3) francisco cisco pancho — autobiography & anthology

love presence death this web of voices offers a mobile, richly layered image of francisco varela — as a human being, son, brother, father, friend, lover, colleague, teacher, prime mover... and as a dying man. as very few before him have done, francisco varela attained levels of accomplishment in western science as well as in buddhist philosophy and meditation.

film-trilogy francisco varela on dvd with hours of additional interviews. dvd & vod distribution worldwide: www.franzreichle.ch